

Smart Choice Menu: May 15th - May 21st

These meals are intended to be a guideline for healthy eating and should include healthy snacks between meals.

SUNDAY: TOTAL CALORIE COUNT= 1454			
Brunch= 702		Dinner= 752	
2 Slices French Toast	300	Cluckers $\frac{1}{4}$ White Chicken Breast	426
2 Tbsp. Maple Syrup	100	1 Svg Pesto Orzo Pasta	133
3 Bacon Strips	75	Italian Blend Vegetables	26
0.5c Grapes	31	12oz Apple Juice	167
1 Orange	67		
12oz Skim Milk	129		
MONDAY			
CHEF'S CHOICE		CHEF'S CHOICE	
TUESDAY			
CHEF'S CHOICE		CHEF'S CHOICE	
WEDNESDAY			
CHEF'S CHOICE		SOUTH CAMPUS DINING ROOM and THE DINER will Close Today at 2:00p.m.	